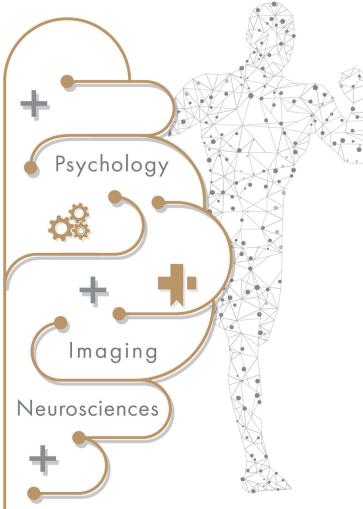


INTERNATIONAL CONFERENCE

MENTAL DIMENSION AND COACHING FOR SPORT PERFORMANCE





PROGRAM

- The management of uncertainty
- Sport psychology in the Paralympic environment
- The evolution of sport performance tools
- The trainer's approach

INSEP

11, avenue du Tremblay - 75012 Paris Registration required

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SESSION 2: SPORT PSYCHOLOGY IN THE PARALYMPIC ENVIRONMENT

(25 NOVEMBER 2021 FROM 2:30 PM TO 6:00 PM)



Eefje Raedts PhD Clinical psychologist for the Dutch Olympic and Paralympic teams

Sharing experience: a clinical psychologist during the Paralympic Games



Yasuhisa Tachiya PhD Mental training consultant at the Japan Institute of Sports Sciences

The psychological support for Paralympic sport at the Japan High Performance Sport Center and the functions of the sport Psychology **Group including Olympics**



Sara Mitchell PhD Sport psychologist at the U.S. Olympic Committee

My experience as a sport psychologist at the 2020 Olympic and Paralympic Games



Lise Anhoury Szigeti Clinical psychologist at the French Institute of Sport (INSEP)









Oury Stantzman National coach at the French Taekwondo **Federation**



Sport (INSEP)

Mathilde Poignard PhD Post-doctoral researcher at the French Institute of

Recovery behaviors changes in swimmers



Chloé Leprince PhD Psychologist, researcher for the French Football Federation

Study of the interpersonal dimension of stress management in team sports



Valentin Roux PhD student in sport psychology at the Grenoble Alpes University

The coach-athlete(s) relationship in a sport context: temporal dynamics, psycho-social determinants, and consequences on athletes' physical and mental health